

Mindful Apps You Gotta Have

HEADSPACE. - MEDITATION	
MANGO LANGUAGES - LANGUAGE	
GOOGLE TRANSLATE - LANGUAGE	
9GAG - FUNNY MEMES	
SPOTIFY - MUSIC NEEDS	
FUTURE ME - WRITE TO YOURSELF	
QUIT THAT - HABIT TRACKER	
MINDSHIFT - ANXIETY SHIFTER	
TALKSPACE - ONLINE THERAPY	
10% HAPPIER - MINDFULNESS APP	