

Mindful apps you gotta have

- HEADSPACE. - MEDITATION**

- MANGO LANGUAGES - LANGUAGE**

- GOOGLE TRANSLATE - LANGUAGE**

- 9GAG - FUNNY MEMES**

- SPOTIFY - MUSIC NEEDS**

- FUTURE ME - WRITE TO YOURSELF**

- QUIT THAT - HABIT TRACKER**

- MINDSHIFT - ANXIETY SHIFTER**

- TALKSPACE - ONLINE THERAPY**

- 10% HAPPIER - MINDFULNESS APP**
